

## The role of school sport in realizing the social peace of middle school pupils

دور الرياضة المدرسية في تحقيق السلم الاجتماعي لدى تلاميذ مرحلة التعليم المتوسط

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**Abstract:** the study aimed at knowing the role of school sports in achieving the social peace according to pupils. It aimed also at knowing the social sports role in achieving the social peace from the teachers, the supervisors and the parents' point of view. The researcher used the descriptive method which fits the nature of the study through using the questionnaire as a data gathering tool this later which was distributed on a sample of tree categories that are: pupils, teachers and supervisors and parents. It was composed of 100 pupils (males and females), 15 teachers and supervisors, and 15 parents. After applying the study' tool, it shows the following:

- \_ practicing schools sports activities is a tool to achieve school peace.
- \_ practicing the school sports activities inside the educational institutions is a way of achieving social peace and stability.
- \_ practicing school sports activities is a means of adjusting the pupils' behavior in parallel with social needs.
- \_ the sports competitions inside the schools and the educational institutions is a means of enhancing peace between the schools 'pupils.

The key words: school sports, social peace, pupils, middle school stage.

المخلص :

هدفت الدراسة للتعرف على دور الرياضة المدرسية في تحقيق السلم الاجتماعي من وجهة نظر التلاميذ ، كما هدفت للتعرف على دورها في تحقيق السلم الاجتماعي من وجهة نظر المشرفين الأساتذة وكذا أولياء الأمور ، استخدم الباحث المنهج الوصفي لملاءمته لطبيعة الدراسة من خلال استخدام أداة الاستبيان التي تم توزيعها على عينة مكونة من ثلاث فئات هم التلاميذ – الأساتذة والمشرفين – أولياء الأمور، حيث تكونت العينة من ( 100 تلميذ و تلميذة تم اختيارهم بالطريقة العشوائية ، 15 أستاذ ومشرف المسح الشامل ، 15 ولي أمر تم اختيارهم بالطريقة العشوائية) وبعد تطبيق أداة الدراسة توصلت الدراسة للنتائج التالية :

- ممارسة الأنشطة الرياضية المدرسية وسيلة لتحقيق السلم الاجتماعي .
- ممارسة الأنشطة الرياضية داخل المؤسسات أداة لتحقيق السلم والاستقرار الاجتماعي .
- ممارسة الأنشطة الرياضية أداة لتعديل السلوك لدى التلاميذ بما يتناسب واحتياجات المجتمع .
- المنافسات الرياضية داخل المدارس والمؤسسات التربوية وسيلة تدعم الصلح والسلام بين تلاميذ المدارس.

الكلمات المفتاحية:

الرياضة المدرسية – السلم الاجتماعي – تلاميذ – مرحلة التعليم المتوسط

### 1-The Introduction and the problem of the study

Education is social production works at forming individuals according to educational in situations ,and it relies on many different activities in addition to school curriculum, Among those school sport activities of what it has an Import role in forming pupils .

Education is a social program aims at forming individual and there educational targets through the learning in situation, at relies on various activities in addition to the school syllabics. And among those activities, we have school sports which have an important role in forming pupils and their targets. The school sports have an important and an effective in individuals and society role through the practiced activities. (Elkhaouli, 1996) sees that the sport activity is one of the important human activities which aim at giving the individual a well balanced education

in addition to providing different chances for the ethical and the social formation. Where it develops the social features of individuals consolidates his life like collaboration with others and being proud of belonging to groups. (Madjdi Taoui). The school sport is one of the principal supports which is relied on to achieve the educational adjectives. It is a set of different organized activities in firm of individual or collective competitions at all levels. The Algerian union of school sport is the responsible of its organization and success of course with the help of the state federation of the school sports in the school scale. The school sports have a very important role in the educational community. Both the national education ministry and youth and sports one pursue to upgrade it at all levels and to provide all the important tools to amplify practicing sports and competitions among pupils' circles. The importance of sport is by describing it as a means of teaching development and peace. It enhances collaboration, solidarity, and tolerance, understanding and social fusion in addition to health nationally and internationally. The general assembly of the United Nations declared in its 67 circle on 23 August 2013 that the 6<sup>th</sup> of April is the international day of sport in order to develop peace. This may contribute generally in achieving this aim. And this is what is demanded of all the concerned responsible in making decisions.

The school sport is generally regarded as the principle motor to know how much development in the field of sport is. school sport may be one of the important braces of sport motor which involves importantly the schools and secondary schools where it aims at making national school groups and representing the country in the international and the continental occasions.( Abed Mohamed Kanan 488,2010) . From the effective role of education and behind it the school sports and from what important role it plays to develops pupils; this study is done. The study tackles the school sport and the social scale which is applied on middle school pupils.

The peace and sport organization was established on 2007 by the origination of the international hero Jouauei Bozo who works nowadays as a president of the organization. It aims at providing the permanent peace all over the world. It aims also at achieving and

enhancing social settlement and resolutions in addition to encouraging dialogue among the different societies. (Peace and sports, 2014). And in the work table, decided on 16 August 2013, of the United Nations of Education, Science and Culture Organization UNESCO article number 38 of the sport international day. It decided the following:

Practicing sport is a tool of reinforcing peace.

Sport has an important role in reinforcing the social fusion and the economic prosperity at all levels, geographic, cultural and political.

UNESCO is the first agency among the United Nations community in the field of education. This is in the frame of the efforts which were made in using sport as a motivating element for peace and social prosperity. The international forum concerning sport for peace and development was made in the location of the United Nations in New York on 5/6 July 2013 where an advertisement was published. This latter admits that the physical and sport activities are means of achieving human and social prosperity and peace. (United Nations 2013).

- Practicing sport is a means of reinforcing peace because it ignores the geographic borders and the social classes. As it plays an important role in the social completion and the economic prosperity in various geographic, cultural and political contexts.

- Sport is a means of settling social relationships and enhancing peace, brother ship, solidarity, non-violence, tolerance and equality. It is also able to tackle the problems that follow conflicts because sport has the ability to gather nations. (UNESCO)

- Everyone who follows the general situation today either inside or outside the educational institution will notice a big change in the cultural and the ethical side of a lot of educational institutions' pupils because of what we see and hear about non-balance generally in the social growth in addition to the decline of the ethical side of many pupils which effects negatively the family and the society. All this will lead to social problems ; as a consequence, there will be neither peace nor security in society.

- Practicing school sport in its different lessons, skills. Gestures and games make pupils fond of this module. Sport also achieves a kind of social reaction inside the school during practice and

after school through the strong social relationships with the environment. This means that it achieves a complete growth for pupils in different sides, spiritual, physical, mental, emotional and social. (Elmalla Abd Allah, 164, 2001)

- the school sport is regarded as a part of the educational community and it works on achieving a lot of fields of which can benefits the pupil through the practiced activities. the researcher aimed at showing the importance of school sport either inside or outside the institutions through sport games either between the institutions or the cities in achieving the social peace inside the educational institutions which affects positively the society. From what mentioned above, the following question is formed: Do the sport activities have a role in achieving the social peace?

### **Secondary Questions:**

- Do school sport activities have a role in achieving social peace of middle school pupils?
- Do school sport activities have a role in achieving social peace of middle school pupils from the supervisors, teachers, point of view?
- Do school sport has a role in achieving pupils' peace from parents ' point of view?

### **2-The Hypothesis of the Study:**

-**The General Hypothesis:** the school sport activities have a role in achieving the social peace.

#### **-Secondary Hypothesis:**

- The school sport activities have a role in achieving middle school pupils' social peace.
- The school sport activities have a role in achieving pupils' social peace from supervisors', teachers, point of view.
- The school sport activities have a role in achieving pupils' social peace from parents' point of view.

#### **The Aims of the Study:**

The study aimed at identifying the role school sport in providing peace for middle school pupils. It aimed at identifying the role of school sports in achieving middle school pupils',

males and females, social peace. It aimed also at identifying the importance of school sports in realizing social peace for both supervisors and parents.

The Importance of the study :

The importance of the study is in showing the real value of the school sport and its importance for both pupils and the other social classes. This is through showing its role in providing social peace through school sport activities either inside or outside the school institutions.

### **Significant Words in the Study:**

**3-Sport Practice:** Yacine(2008) sees that generally sport practice is an occasion for developing and adjusting personal behavior, for sport man, like self confidence , collaboration and respecting law.

The definitions of sport practice are different, here are some:

-it is the educational process which aims at improving the human performance through the chosen physical activities for this purpose.( Mohamed Aouda 91,2007).

**4- School Sport:** it is a set of sport competitions which are done inside and within schools. They include collective and individual activities which are programmed along the school year.(Zahaf, Bouaziz, 347)

### **4-Procedural Definition:**

The sport practice in the school environment according to the competition aimed at improving the performance and developing the different social, physical, psychological sides.

### **5-Definition of Peace:**

Peace is regarded in the top of the high human values. There are a lot of quotes concerning that. Peace in its simplest definitions is known as the absence of conflicts, violence and war. Researchers see that peace in the field of international relationships means the absence of war as practice and behavior, and it is the application on violent conflict either between countries or inside the country itself in form of civil wars.( Abbas Bassem, 2002) .

**6-Procedural definition:** peace is the opposite of war while in the field of educational institutions, it is the quite behavior of the pupils through quitting war and racism.

-middle School Stage: it is the one of the stages that the pupil passes through his life study, and it is the stage that characterizes first adolescence (12-16 years old).

**7- Adolescence:** in Elomnjed dictionary, it is defined as follows:

The boy is adolescent means that he attains puberty. In the Arabs tongue, it comes as follows: the boy is adolescent; the girl is adolescent means that they grew directly. ( Ramdhan, 2017, 13)

**7-Previous Studies:**

-**Mothar Ben Ali' study:**" the role of the school sport activity in developing the ethical values from the teachers of physical education point of view". The study aimed at clarifying the definition of the activity as a whole, the sport activity and the the importance of the ethical values in Islam and its affect on the individual and the society. The researcher used the questionnaire on a sample composed of physical education teachers in primary stage in Elkhanfatha state. Their number is about 70 teachers from different specialties. The researcher used the descriptive method which fits the nature of the study where he found that the sport activity is one of the means which aims at developing the values. It is an occupational applied field. The sport activity works on developing highly the ethical values. The researcher recommended to take notice of the sport activity , follow it and consolidate it materially.

- **Ahmed Adem Study:** " School sport and its role in providing social peace": the study aimed at identifying the influence of school sport in providing social peace. The sample was composed of pupils at secondary school from Elkhortoum, parents, teachers and civil society organization. Their number was about 100 individuals. The researcher used the descriptive method , and to gather data, he used the questionnaire. He found that the school sport has an influence on achieving the social peace to secondary school pupils, males and females.

-**Mesaoudan Makhoulf' study:**" the sport practice in the classes and its effect on the pupils' social reaction". That study aimed at identifying the influence of the sport practice on the social reaction inside classrooms. It aimed also at identifying the differences that these renewed classes do between them and normal classes. And how much it contributes in

producing a well educated individual. The study shows that the school sport contribute sin bringing around the relationships between the individuals. This paves the input. The sport practice has an effective role in promoting pupils at their social self esteem level. The sport practice affects positively the social reaction process.

Comments:

All these studies tackled the school sport topic from different teaching levels. They also gave different affects of sport practice on the variable where each study tackled special point, but all of them studied the pupils' social part. All the studies used both the descriptive and the experimental methods. While the data gathering tools are different.

### **8-The Practical Part:**

The Survey: the researcher did a survey contains the case study. This is to study the variables and the features of the study where he visited many educational institutions from the state in order to choose the sample on which the study will be applied. Three middle schools from the cities of the east of M'sila. The researcher regulated all the variables.

**8-1-The Method of the Study:** he used the descriptive method that fits the nature of the study.

The Sample and the Case Study: the case study was composed of all middle school pupils from three chosen schools in addition to a set of teachers and parents. They were chosen at random. The sample of pupils is about 100 pupils, 15 teachers and 15 parents.

**8-2-Data Gathering Tools:** to gather data, the questionnaire of 20 question is used. The researcher distributed it.

Honesty and confirmation of the study: the tool is confirmed from a set of experts . they agreed upon all the questions. Here is table shows the honesty and the confirmation of the study.



questions	Confirmation coefficient	Honesty coefficient
20	0.81	0.90

## 9-Applying Data Gathering Tools:

The researcher distributed the questionnaire on the members of the studied sample on 20 January to 10 February 2019. Then he gathered and counted them.

## 10-The Statistical Tools:

The used statistical tools are the percentages and the frequencies.

## 11-Analyzing and Discussing Results:

### 11-1-Analyzing the results of the first hypothesis:

Do the school sport activities have a role in realizing social peace of middle school pupils?

**Table (01):** shows the percentages and the frequencies of the pupils responses.

Disagree		neuter		agree		phrases	number
Percentage	Frequency	percentage	frequency	percentage	frequency		
%15	15	%15	15	%70	70	The school sport realizes collaboration among age stages pupils	01
%5	5	%10	10	%85	85	The social characteristics of pupils are acquired by school games	02
%7	7	%18	18	%75	75	The sport competitions between schools has a role in building the pupil's personality.	03
%3	3	%17	17	%80	80	Sport works on giving the pupil a physical, mental and social sufficiency.	04
%20	20	%12	12	%68	68	The school sport helps pupils to react affiliate with society	05

%7	7	%8	8	%85	85	The sport games enhances social settlement.	06
%12	12	%18	18	%70	70	The school sport competitions between states encourages dialogue between societies.	07
%2	2	%3	3	%95	95	The school sport is a means to realize peace	08
%10	10	%12	12	%78	78	The sport completion is characterized by justice and equality.	09
%11	11	%10	10	%79	79	The school games works on promoting the good social values.	10
%0	0	%13	13	%87	87	The sport competitions between countries create respect and collaboration.	11
%5	5	%18	18	%77	77	Practicing sports inside the school contributes in adjusting and changing behavior of pupils in parallel with society.	12
%0	0	%7	7	%93	93	The school sport develops collective spirit among pupils	13
%5	5	%10	10	%85	85	The sport activities inside school develop the spirit of fidelity among pupils.	14
%0	0	%8	8	%92	92	The competitions of school sport for enhancing conciliation and peace between pupils.	15
%10	10	%13	13	%77	77	The members of society react to the school sport games.	16
%2	2	%10	10	%88	88	The school sports works on enhancing the emotional maturity.	17
%1	1	%1	1	%98	98	The school sport works on neglecting racism in religion and politics.	18
%20	20	%25	25	%55	55	The school sport competition is a	19

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						social meeting for the members of the pupil's family.	
%2	2	%10	10	%88	88	The regional school sport games enhance consciousness and regional peace.	20

From the data shown in the table, we notice that the pupils responses were different, where those whose answer was ,I agree, got the the highest frequency. We notice that all the expressions are for the answer agree; this means that members of the sample are satisfied with the role that school sport plays inside and outside the school institutions. The phrase number 18 has a frequency about 98 with a percentage about 98%, while the phrase number 08 comes second. This later says that the school sport is a tool that realizes peace, and this is the aim of researchers behind this study. Whereas the phrase number 13 comes third. This later which states that school sport enhances collective work between pupils. Then the phrase number 15 comes with a frequency about 92 and a percentage about 92% to state that the school sport competitions enhance conciliation and peace among pupils. The results show the hypothesis which says that the school sport activities have a role in realizing social peace of middle school pupils is achieved. This agrees with the study of Ahmed Adem, the United Nations reports and the peace and sport organization that sees that practicing sport and sport activities has an important role in realizing peace, collaboration and good social education.

### 11-2-Discussing the results of the second hypothesis:

The school sport activities have a role in achieving pupils' social peace from supervisors', teachers, point of view.

The following **Table (0)2**: shows the frequencies and the percentages of the teachers and the supervisors of the school sports activities and games.

Disagree		Neuter		agree		phrases	number
Percentage	frequency	Percentage	frequency	percentage	frequency		
%14	2	%20	3	%66	10	The school sport realizes collaboration among age stages pupils	01
%0	0	%6	1	%94	14	The social characteristics of pupils are acquired by school games	02
%13	2	%13	2	%74	11	The sport competitions between schools has a role in building the pupil's personality.	03
%0	0	%13	2	%87	13	Sport works on giving the pupil a physical, mental and social sufficiency.	04
%0	0	%20	3	%80	12	The school sport helps pupils to react affiliate with society	05
%13	2	%0	0	%87	13	The sport games enhances social settlement.	06
%6	1	%34	5	%60	9	The school sport competitions between states encourages dialogue between societies.	07

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%0	0	%0	0	%100	15	The school sport is a means to realize peace	08
%13	2	%6	1	%81	12	The sport completion is characterized by justice and equality.	09
%13	2	%00	0	%87	13	The school games works on promoting the good social values.	10
%0	0	%13	2	%87	13	The sport competitions between countries create respect and collaboration.	11
%6	1	%13	2	%81	12	Practicing sports inside the school contributes in adjusting and changing behavior of pupils in parallel with society.	12
%0	0	%6	1	%94	14	The school sport develops collective spirit among pupils	13
%13	2	%13	2	%74	11	The sport activities inside school develop the spirit of fidelity among pupils.	14
%0	0	%6	1	%94	14	The competitions of school sport for enhancing conciliation and peace between pupils.	15

%0	0	%20	3	%80	12	The members of society react to the school sport games.	16
%20	3	%13	2	%67	10	The school sports works on enhancing the emotional maturity.	17
%0	0	%0	0	%100	15	The school sport works on neglecting racism in religion and politics.	18
%6	1	%13	2	%81	12	The school sport competition is a social meeting for the members of the pupil' s family.	19
%20	3	%6	1	%74	11	The regional school sport games enhance consciousness and regional peace.	20

From the table, we notice that the responses of the members of the sample were different where we notice that the answer of the highest frequency is, I agree, this means that they pupils regard the school sport activities as a tool that realizes peace and collaboration for them as middle school pupils. Where we notice that phrases from (8- 18) represent the highest frequency with 100%; this means that the members of the sample see that school sport activities are tool of neglecting racism in religion and politics. And they are an effective means of realizing peace for middle school pupils. While the phrases (2-13-15) in the second grade with a percentage about 94% this is what reflects the view of the school sport activities supervisors , and what a role it has in possessing the social characteristics of pupils, The development of collective work and enhancing peace between pupils. The remaining phrases

are also somehow different, but for the answer, I agree, this means that they declared that the school sport activities are important inside and outside the educational institutions. This agrees with the study of both Ahmed Adem and Mothar Ben Ali in addition to the decision of UNESCO who states that practicing sport enhances peace. It is also a means of reinforcing the social affiliation. It agrees also the quote of Yacine(2008) "The Sport Activity Generally is an occasion to developing and adjusting the behavior and the personal characteristics." This means that the second hypothesis which declares that the role of the sport activities in realizing the social peace from the supervising teachers of middle school pupils is achieved.

### 11-3-Discussing the results of the third hypothesis:

Do the school sport activities have a role in realizing the social peace of pupils from the parents' point of view?

The following **Table (03)** : shows the frequencies and the percentages of the members of the sample, parents:

disagree		Neuter		agree		phrases	number
النسبة	frequency	النسبة	frequency	percentage	frequency		
%0	0	%20	3	%80	12	The school sport realizes collaboration among age stages pupils	01
%0	0	%6	1	%94	14	The social characteristics of pupils are acquired by school games	02
%13	2	%13	2	%74	11	The sport competitions between schools has a role in building the pupil's personality.	03
6%	1	%27	4	%67	10	Sport works on giving the pupil a physical, mental	04

						and social sufficiency.	
%0	0	%20	3	%80	12	The school sport helps pupils to react affiliate with society	05
%13	2	%0	0	%87	13	The sport games enhances social settlement.	06
%13	2	%13	2	%74	11	The school sport competitions between states encourages dialogue between societies.	07
%0	0	%0	0	%100	15	The school sport is a means to realize peace	08
%6	1	%13	2	%81	12	The sport completion is characterized by justice and equality.	09
%13	2	%20	3	%67	10	The school games works on promoting the good social values.	10
%0	0	%13	2	%87	13	The sport competitions between countries create respect and collaboration.	11
%6	1	%13	2	%81	12	Practicing sports inside the school contributes in adjusting and changing behavior of pupils in parallel with society.	12
%0	0	%6	1	%94	14	The school sport develops collective spirit among pupils	13
%0	0	%13	2	%87	13	The sport activities inside school develop the spirit of fidelity among pupils.	14



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%0	0	%6	1	%94	14	The competitions of school sport for enhancing conciliation and peace between pupils.	15
%0	0	%6	1	%94	14	The members of society react to the school sport games.	16
%6	1	%20	3	%74	11	The school sports works on enhancing the emotional maturity.	17
%0	0	%0	0	%100	15	The school sport works on neglecting racism in religion and politics.	18
%0	0	%0	0	%100	15	The school sport competition is a social meeting for the members of the pupil's family.	19
%0	0	%13	2	%87	13	The regional school sport games enhance consciousness and regional peace.	20

From the shown results in the table, we notice that the responses are distributed as follows: the majority of the phrases are for the answer, I agree, where the phrases (8- 18- 19) in the first grade with 100% this means that parents are totally agree that practicing the school sport activities is a means of realizing peace. It leads also to neglecting racism in religion and politics. In addition, it is a means of social meetings during the sport competitions. While the phrases (2 -13 -15 -16) come in the second grade with a percentage about 94%, and it is also high. This means that the parents declare that the sport activities are important in acquiring the social characteristics among pupils. The school sport develops collective spirit between pupils. They

see that the competitions between schools are a tool of reinforcing conciliation and peace among pupils. They see also that the practiced sport activities are the ones that push the society to react with especially through the programmed competitions inside and outside the school institutions. While the phrases (6 -11 -14 -20) come in the third position with 87% , and it is good in which parents express their agreement that the sport activities reinforce the social settlement, they are also a means that create respect and collaboration between countries through the international competitions. The sport activities are also a means that enhance consciousness, belonging and regional peace. While the remaining phrases were different, but they were for the answer, I agree. This means that they declared the importance of school sport in realizing social peace of middle school pupils which is the of the answer of the third hypothesis. This agrees with Ahmed Adem' study, Mothar Ben Ali' study, and Messaoudan's study (2008) who say that the sport practice an effective role in raising the level of pupils' self esteem and the social reaction process.

### **12-Conclusions and suggestions:**

- Practicing the school sport activities is a means of achieving social peace.
- practicing sport activities inside the schools is a means of realizing peace and social settlement.
- Practicing the sport activities is a means of adjusting the pupils' behavior in parallel with social need.
- the sport competitions inside schools and educational institutions are a means that enhances conciliation and peace among pupils.
- practicing the sport activities help pupils to react with society.
- The sport practice is a means to neglect racism in religion and politics.
- The school sport games are a means to enhance consciousness, belonging and regional peace.

### **Suggestions:**

The researcher recommended the following:

- Enriching and reinforcing school sport competitions inside schools.
- Parents should encourage their sons and daughters to practice school sport activities.
- He recommends to apply this study on other age classes.
- the competitions should be out of the frame of school sport to enhance social collaboration.

### **13-Resources:**

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