

## the role of the physical educational sport activity in the development of the elite sport.

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### Summary of the study:

Our study is summarized on the clarification of the role of the educational and physical sport activity in the development of the sport of the high level and the elite through the discovery of the youth talents from one side and direct them to the right specialization that consistent with this talent from the other side. This would reflex positively on the supplying of the sport teams that activated on the high level and which is considered the principle supply of the sport of the elite.

To study this problem, we have chosen a sample consisted of 40 teachers of physical education and sports who are Joining the school sports on the level of the school sport associations of m'sila and bordj bou arreridj cities .we have also used a questionnaire as a tool to proof or negate the hypothesis of our study.

We found that the results agreed with the hypothesis of the study. We found that the physical educational sport activity that was made in the sport class period , the extracurricular activities and the school sport competitions play an important role in the discovery of the sport talents and to direct these talents to the appropriate specializations.

### ملخص الدراسة

تتلخص دراستنا هذه في توضيح دور النشاط الرياضي التربوي في تطوير رياضة النخبة والمستوى العالي وذلك من خلال اكتشاف المواهب الشابة من جهة وتوجيهها التوجيه الأنسب نحو التخصص الذي يتوافق مع موهبتها ، مما ينعكس إيجابا على تمويل الفرق الرياضية التي تنشط في المستوى العالي والتي تعتبر الممول الأساسي لرياضة النخبة

ولأجل دراسة هذه المشكلة تم اختيار عينة بحث تتمثل في 40 أستاذ تربية بدنية ورياضية من الأساتذة المنخرطين في الرياضة المدرسية على مستوى رابطتي الرياضة المدرسية لولايتي برج بوعريش والمسيلة كما استعملنا الاستبيان كوسيلة لإثبات أو نفي فرضيات دراستنا وقد جاءت النتائج موافقة لفرضيات الدراسة حيث تبين أن النشاط البدني الرياضي التربوي ممثلا في حصة التربية البدنية والأنشطة اللاصفية والمنافسات الرياضية المدرسية يلعب دورا هاما في اكتشاف المواهب الرياضية وتوجيهها نحو التخصصات .

## Introduction

one of the bases of the national sport is the school sport or the physical educational sport activity that is essentially given to pupils in the different stages of education .That would help them, in the future, to become famous sportsmen and helps in the making of the national teams who will represent the country in the world ceremonies. Due to these goals and as other countries, Algeria works to support and develop this activity since it is the essential tank for the elite sport. This care stipulates the adoption of certain laws in order to develop and organize sport in general and sport school in specific. In 1976, Algeria knew the first law which is known as the sport reformation. The order number 76- 81 was delivered and it lasted more than 15 years. After the circumstances that Algeria had faced in the eighteenth, that law was amended and replaced by the order number 89 - 03 which was also amended in 2004 by the order 04 -10. This law stipulates that the sport and physical education must be developed and organized.

the school sport in the different stages and exactly the middle stage is considered a period to develop the pupils abilities. In this stage. it is up to the educational physical sport teacher to discover their capacities in an early time since it is the nerve of the educational operation.

And this is why we have chosen this subject " the role of the physical educational sport activity in developing the elite sport".

## 1- The key words in the study.

### **The Algerian talent sport.**

It means the preparation and participation in competitions that aims in realizing a tool assessed under national and international norms . it also aims to reach the distinction in order to get success in the world competitive ceremonies , especially in world cups , Olympic games and world champions.

### **The operative definition**

It means those high sport activities that are done by talented sportive pupils in the national and international champions where they represent their countries in single games or collective games.

### **The physical educational sport activity**

it is an experimental milieu aims to form a good person ,physically , socially and psychologically throw practicing a different physical activities which are chosen to realize these goals. It is also the different physical chosen activities that are practiced by persons and they depend on each ones situation.

### **The operative definition**

They are those physical sport activities that are done by pupils whether they are extracurricular (physical educational sport class) or out the class inside the school framework .or it is the participation in sporting school competitions outside the schools framework so as to discover directly talented pupils , to develop their level and then choose and supplement them to the national elite teams.

### **sport of the school**

It is a group of pedagogical ,medical, healthy manners throw which the pupil's body can win health, strength, fitness.

the sport school is also a physical sport activities that are done by pupils during the sport class under the sport teachers supervision inside the

educational school frame work . It aims to realize different educational, physical, mental goals in order to add those pupils to the elite teams, in the future.

### **physical education and sports**

It is a space of time and place where the pupils interact with each other and with their teachers through sport activities suggested by the physical education and sports curriculum so as to realize different physical and educational objectives.

### **the extracurricular activity.**

It is an educational activity done out of the working hours aims to give the chance to the good talented pupils to improve their level of performance and the weak pupils to know their weakness in order to improve their level.

### **The operative definition .**

It is a group of educational sport activities done out of the working hours under the objective of giving the chance to the talented pupils to improve their sport performance .

### **the sport school competitions.**

Patrick Seners has defined them as the activity practiced by pupils in the sporting associations at school based on agreed rules and conditions.

### **the operative definition**

**the sport school competitions** are group of sport activities practiced by pupils inside or outside school. They should have a competitive feature whether in the collective or personal sports between the same pupils of school or between different schools.

## **2- The problem of study .**

The developed countries knew that the talents are their reservoir that must be protected. so ,they worked to discover their abilities, to take care of them, and to organize the coherent educational programs which can develop these skills. There is no doubt that education had taken care of the human

talents , it worked to develop them and called for the good direction of them. The educational importance given to this side in the human personality came from the *conviction* that the human capital is the real capital for any society and those who are described as talents are the beating heart and the thinking mind for this society because of their great importance and positive function we can face the different challenges. These countries had also knew that their sport future is connected with the existed young sport talents and since these talents are bloomed in an early age, these countries did not find a right place like the educational environment. That's why they focused their sport attention on this environment to discover and direct the talents.

our educational schools have a lot of young sport owns High capacities and skills which represent good future to the Algerian sport if we take care of them. So, this leads the responsible persons to make sport activities and scientific programs to improve and put these skills on a right face. These activities are taken under a physical educational sport activity cover, which is considered the elite sport hope to supply the elite teams with the young talents who will become the future heroes in the different sports.

From here, we bring this research to answer the following question:

- Does the physical educational sport activity have a role in the development of the elite sport ?

Under this question we have the following secondary questions:

- Does the physical educational sport activity have a role in the discovery of the elite sportsmen?

- Does the physical educational sport activity have a role to direct to the elite sport?

### **3- Hypotheses of study**

#### **3-1 The general hypothesis:**

The educational sport activity has a role in the developing of the elite sport.

### 3-2 partial hypotheses

- The educational sport activity has a positive role in discovering the talent elite sportsmen.
- the educational sport activity has a positive role in directing the talent to the elite sport.

### 4- goals of study

- To show the importance of the physical educational sport activity in the development of the elite sport.
- To show the role of the physical educational sport in the discovery of the sport talents.
- To show the role of the physical educational sport in the direction of the talent towards the elite sport.
- To know in what extend does the school sport competitions help in the development of the elite sport level.
- To also know the importance of the school sports in enriching the number of clubs, sport teams and elite teams.
- To know the relationship between the educational associations and the elite teams and clubs.

### 5- The importance of research

The physical educational sport is being considered an essential and important side in the government program to develop the national sport. It is also a strong support to the school sport which becomes a source of the youth talents and a source to the elite groups and clubs. our study focuses on showing the important role that this activity plays to develop the elite sport so as to reach the level of the developed countries by discovering the talent pupils (students) in the educational milieu and direct them to the elite sport clubs. It also focuses on the role that the teacher plays in discovering and directing these talented youths.

## 6- Previous studies

### The first study.

the study of " Ben KENEB AL HADJ" under the title " the role of the physical educational sport activity in the revival of the sport national movement in Algeria in the university of Algiers in "DELY BRAHIM" . The problem of study was: Does the physical educational sport activity have a role in developing sport in Algeria.

the study aims to:

- To get familiar with the problems that inhibit the practice of the physical educational sport activity.
- To know the role that is played by the physical educational sport activity in the revival of the sport movement.
- To know what extent does the school administration give importance to the physical educational sport activity inside school.

the sample group of study had been chosen by a random way. we have chosen this sample group of study from 134 physical educational sport teachers from the city of "TIARET, TISSIMSSILT, GHILIZAN, MOSTAGHANEM". the researchers used the descriptive method and at the end they have got different results.

- There are many problems inhibit the well progress for practicing the physical educational sport activity like the hourly average, sport materials.
- deficiency of programs, rules and laws that direct and organize the work of the teacher with the talented groups.
- Inadequacy of the administrative management of sport school and noting some lacks in the organizational side.
- The physical educational sport activity has an essential and important role in developing the national sport movement and support it with different young talents.

### **The second study**

the study of "BOUGHARBI MOHAMED" under the title of the " Algerian school sport in its structured side between reality and expectation. "The problem of study was: "what is the reality of the referee's formation in the school sport". This study purposes to:

- Show the difference between the school federalism of sport school (F-A-S-S) and the federal national school sport in France (V-N-S-S).

- where did the school sport reach in the formation side.

- The number of persons who practice the school sport.

we have chosen the group by a random way. we've chosen 56 physical educational sport teacher from the sample group from " ALGERIES, BOUIRA, TISSIMSSILT". The researchers used the descriptive method and they have got these results.

- There is no clear strategy in selecting the special programs for the school sport.

- Getting the decision is taken only by the Algerian school sport federalism, between the members of the federal bureau without giving chance to the sport teachers to take part in the decision.

- The shortage of the proposed school sport exercises from the Algerian sport school federalism.

### **7- The Scoping study.**

It was the first step we did when we were planning for this research. we did that so as to :

- Make sure that the tool of research (the questionnaire) agreed with the sample of study.

- Check the psychometric features of the tool of study (validity and reliability).

- know in advance the circumstances of making the field study in order to evade the difficulties that we might face.



when we have examined the environment of study and talked with some persons of the sample group, we gave them the form of the questionnaire to know the questionnaire's validity and get their directions and advices.

The most important remarks that have been noted from this questionnaire are:

- There is no coordination between the supervisory organizations of the civil sport and school sport.
- There is no clubs and teams to direct the talented sportsmen.
- There is an aversion of pupils and teachers living in outlying to participate in school sport competitions.
- Fewness of females in these competitions.
- Insufficiency of motivations and financial potentials needed by participants.

### **8- Methodology of study**

Since we are studying the role of the physical educational activity in developing the elite sport and since this kind of studies need the description of the research changeabilities and gather much information, analyse them, so we have used the descriptive methodology.

### **9- population and sample of study**

our topic is about the physical educational sport activity and its role in developing the elite sport through discovering the talented pupils in the educational milieu in order to direct them to the right specialization. since the discovery and direction of pupils stars in an early age, we have chosen the middle school level. we've chosen sport teachers of the middle school who have taken part in school competitions. They were 105 teacher from BORDJ BOU ARERIDJ, 108 teacher from M'SILA.

we did the questionnaire on a **sample group** of forty (40) physical education and sports teacher who took part in the sport school competitions. In order

to reach truthful results ,we have chosen a random sample group through toos. We have highlited a group of must characterize the characteristics that sample group to take part of the random choise. From these charachteristics we can mention the number of the school sport competitions which they took part in and the results they have got.

#### **10- Tool of study :**

In our study, we've used one questionnaire form given to physical educational sport teachers who participated in school sport competitions. this form contained group of closed and opened questions.

#### **11- The psychometric properties of the tool**

##### **validity.**

To make sure for the validity of the tool of study, we used the probity of experts. (group of teachers from the university of M'SILA).And according to the remarks and directions of the experts , we made some changes; we omitted some phrases ,add others and change the formulation of some expressions.

##### **stability.**

We have distributed the questionnaire form on a sample group of ten (10) teachers and after ten (10) days, we distributed the same form in the same circumstances.

After the statistic therapy and the comparison of the of first results with the second ones, we have found that the results were similar. As a consequences, we made sure that the questionnaire is characterized with stability.

#### **12- Analyzing and discussing the results of the questionnaire**

In order to make the objective analyses to the results of the questionnaire and make sure of the truthiness of the hypothesis or negate it, we have distributed the form of the questionnaire on the sample group of study. Then, we have gathered the results, sorted them then analyzed its data to reach the discussion of its results as it is shown in the flowing tables.

The table(1) represents the discovery of the sport talents during the physical educational sport class.

Answers	Freq u-ency	Perce nt-Tage	Obser ved freque ncy	Expect ed freque ncy	Calcula ted K2	Tabula ted K2	Signifi ca-Tion	D F	resu lts
Yes	30	75%	30	20	10	3,84	0,05	0 1	+
No	10	25%	10	20					
Total	40	100%	40	40					

**According to the first table**

we can see that the calculated K2 is more than the tabulated K2 on the indication level 0,05 and this proves that there is a statistic indication. So, we accept the alternative supposition which based on the existence of a relation between the two changeable features, the discovery of the talents and the sport physical activity .

Therefore ,to discover the sport talents according to the physical educational activity plays a great role in developing the elite sport and that agrees with the first t hypothesis which says that the physical educational sport activity has a role to discover the elite sport.

The table(2) represents the direction of the talents to the sport teams and clubs.

Answers	Fre qu-ency	Per ce-tage	Obser ved freque ncy	Expec ted freque ncy	Calcula ted K2	Tabul ated K2	Signif ica-Tion	D F	resu lts
Always	19	47, 5%	19	13,33	6,025	5,99	0,05	0 2	+
Someti mes	18	45 %	18	13,33					
Really	03	7,5 %	03	13,33					
Total	40	100 %	40	40					

**According to the second table :**

we can see that the calculated  $K_2$  is more than the tabulated  $K_2$  on the indication level 0,05 and this proves that there is a statistic indication. So, we accept the alternative supposition which based on the existence of a relation between the two changeable features, the direction of the talents and the sport physical activity. Therefore, the direction of the sport talents according to the physical educational sport activity plays a great role in developing the elite sport and that agrees with the first supposition which says that the physical educational sport activity has a role in the direction of the elite sport.

**- the discussion of the results of the study**

According to the first hypothesis

we built our first supposition on the basis that the physical educational sport activity has a role in the discovery of the elite sportsmen. From the results of the questionnaire in the table number "1", we have found that this is true; it means that the physical educational sport activity has an important role to discover the talented sportsmen.

This was asserted by some theoretical studies as Zinab Mohamed's study which asserted that one of the goals of the physical educational sport activity teacher is to discover the talents in a such kind of sport and then support the elite sport with these talents.

**The discussion of the results of the study**

According to the second hypothesis.

we built our second supposition on the basis that the physical educational sport activity has a role in the direction of the elite sportsmen. From the results of the questionnaire in the table number "2", we have found that the supposition is true; it means that the physical educational sport activity has an important role to direct the talented sportsmen.

This was asserted by some theoretical studies as the study of Moufti Ibrahim which asserted that the importance of the physical educational sport activity teacher appears in getting familiar with the talented pupils ,he should work to develop these talents and direct them to the right way.

### **conclusion**

From this study, we wanted to show one of the most important subjects which is the importance or the role of the educational sport activity to discover the talented pupils and direct them towards the elite sport .To also show the role of the physical educational sport teacher in detecting, selecting and then directing this category towards the sport clubs and sport teams in order to use them in the promotion of the sport national movement. And, from our study, we have found that the physical educational sport activity plays a great role in developing of the elite sport by supporting and financing it with the sport talents existed in the educational schools. we have also found that the physical educational sport teacher has a big role in the detection of the talented pupils and direct them towards the elite sport. Therefore, we have reached the necessity to take care of this activity, provide materials and sport structures, to earmark an appropriate budget to make school sport competitions and to direct the extracurricular activities. To also focus on building good relationships between the educational schools, the sport teams and the elite sport clubs so as to merge the talented pupils and develop their levels, and give consciousness about this activity and its role in developing the Algerian sport.

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